



Terence Earl "Tha Icon" Foreman

August 13, 1980 - March 2, 2025

Terence Earl "Tha Icon" Foreman, 44, of Stephens City died Sunday, March 2, 2025 in INOVA Fairfax Hospital.

He was born August 13, 1980 in Stamford, CT the son of Michael Palmer and Phyllis Foreman.

He was a 1999 graduate of Sherando High School and played on both the football and basketball teams.

Professionally, he worked at Connected Communities.

He enjoyed riding his motorcycle, cooking, and watching sports. He loved cheering on the San Francisco 49ers and the WWE.

He is survived by his five children, Ciera Foreman, Aurora Foreman, Kamyah Foreman, all of Winchester, Adrian Wigington of Harrisonburg, and A'Mariana Foreman of Berryville; siblings, Netagia Foreman, Deandra Brandon, Micheal Brandon, III, Michael Palmer,II, Michelle Palmer, Marcus Palmer, Kendall Palmer, Myesha Palmer, and Shanell Palmer; special aunt Terry Natt, and a large extended family.

His parents, maternal grandparents, Ruby and Elmer Foreman, and step-father, Micheal Brandon, Sr preceded him in death.

A service will be 12:00 pm Monday in Mountain View Church of Christ at 153 Narrow Lane Winchester officiated by Elder Carolyn Brown Burial will be in Shenandoah Memorial Park. Casket bearers will be AJ Brandon, Tavan Mair, Terry Miller, Greg May, Rondell Brown, Marcus Price, Kwame Spicer, and Michael Palmer, II. The honorary bearer will be Ronald Foreman.

Friends will be received 6-8:00 pm Sunday in Phelps Funeral Chapel 311
Hope Drive Winchester.

Previous Events

Visitation

MAR **9**. 6:00 PM - 8:00 PM (ET)

Phelps Funeral & Cremation Service
311 Hope Dr
Winchester, VA 22601
(540) 722-2424
travislnesselrodt@gmail.com
<https://phelpsfunerals.com>

Service

MAR **10**. 12:00 PM (ET)

Church of Christ at Mountain View
153 Narrow Lane
Winchester, VA 22602

Tribute Wall

JO

“ If it wasn't for him I wouldn't be were I'm at today he taught me how to better myself and overcome hard situations and life I wish I could've saw him one last time to show him how good I'm finally doing 🙏

josh - March 29, 2025 at 06:34 AM

MS

“ I am stunned and saddened. Terence helped so many kids when we worked together many years ago and supported his coworkers tirelessly. The world is a lesser place now.

Michael Sheffield - March 09, 2025 at 09:15 PM

AB

“ I went to school w terrace and he had heart of gold and always helped out others and was there for everyone gone to soon. RIP.
Angela Boyce

Angela N Boyce - March 09, 2025 at 05:08 PM

AI

“ Many times “T” aka Terrance pulled me back from the edge. I was a lost angry child. He gave me a sense of belonging and acceptance. He took the time to figure me out. He didn’t try to change me but instead he try to guide me through my choices. I already had mad respect for T. He would tell me , it isn’t worth it. And that stuck with me for years. I still tell myself and others IT ISNT WORTH IT. I’m sorry for his family to have such a great loss. I know he is smiling down at all his people , watching over them. Like he always did. He was a big teddy bear that would always know how to calm us down. He worked with me at brighter futures for years. Gone but never forgotten. Love ya T ALWAYS

Akira Irving - March 09, 2025 at 11:08 AM

NS

“ Terence was a student in my tenth grade English class and he was a sweet and kind young man. I was so glad we could connect on Facebook and was glad to keep up with his life. Such a sweet young soul gone too soon. Condolences to all who knew and loved him.

Nanette L Sipe - March 06, 2025 at 06:54 PM