



Rex Carl Milam

August 12, 1965 - May 29, 2024

Rex Carl Milam, beloved father, grandfather, husband, and friend, passed away peacefully on May 29, 2024, surrounded by family and loved ones at the age of 58. Born on August 12, 1965, in Beckley, West Virginia, Rex lived a life full of love, tremendous generosity, and dedication.

Rex is survived by his children, Sean (Kaycee) Milam, Nathan (Lettie) Milam, Hannah Milam (Jeffy Ceresnie), and Olivia (Jake) Cummings; his grandchildren, Clayton, Hallie, Charlotte, Abel, Harlynn, Nicholas, Clarence, Maria, Edith, Levi, and soon-to-be-born Ira; his sibling, James (Gina) Milam; and his beloved wife, Monique Milam. He was preceded in death by many loved ones, including his mother, Retha; in-laws, Francis and David; brothers, Harlon, Mark, Clarence, and David; sister, Christi; niece, Heather; and nephews, Davey and Landen.

A graduate of Woodrow Wilson High School and an Army veteran, Rex was not only committed to his professional life in construction but also deeply passionate about providing for his family and anyone in need. Whether coaching football, volunteering with his children's youth groups, or spending quality time with his grandchildren, Rex found joy and fulfillment in giving his time, love, and service to others.

Rex welcomed everyone he met with curiosity, love, and acceptance, instilling these values in his children and grandchildren. Known for his kindness, love of music, sense of humor, and generosity, Rex touched the lives of everyone he met. His memory will be cherished by his family, friends, and all who knew

him. His legacy of selflessness and love will continue to inspire and guide those fortunate enough to have had him in their lives.

A private ceremony will be held for Rex in the presence of close family and friends. In lieu of flowers, the family requests that you pay it forward, be generous with your love, and give back when you can, just as Rex did.

"May your heart always be joyful

May your song always be sung

And may you stay forever young" Bob Dylan (Forever Young)

Tribute Wall



“ *What a great guy. Life well lived. He will be missed* ”

Scott

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